



*SPORTS, WELLNESS  
& REHABILITATION*

# MASSAGES

## SPORTS MASSAGE

50 MIN	€75
75 MIN	€110

## SWEDISH MASSAGE

50 MIN	€75
75 MIN	€105

## DEEP TISSUE MASSAGE

50 MIN	€75
75 MIN	€110

## BACK, NECK & SHOULDERS

25 MIN	€45
40 MIN	€55

# REHABILITATION

## PHYSIOTHERAPY EVALUATION

It's required an initial appointment to evaluate your condition and needs.	€35
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## PHYSIOTHERAPY SESSIONS

50 MIN	€90
75 MIN	€120

## HYDROTHERAPY SESSIONS

50 MIN	€90
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## PHYSIOTHERAPY PACKAGES

- Injury Prevention
- Performance
- Surgery Rehabilitation
- Cardiopulmonary Rehabilitation
- Rehabilitation
- Pre-Surgery Specific
- Postural Correction

Note: Physiotherapy packages must be used within 30 days.

50 MIN SESSIONS	<b>8 SESSIONS</b>	€684
50 MIN SESSIONS	<b>12 SESSIONS</b>	€1026

# WELLNESS

## LYMPHATIC DRAINAGE

40 MIN	€60
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## MESOTHERAPY SESSIONS

PER SESSION	€35
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## TERMS & CONDITIONS

Evaluation is free for children under 5, subject to availability;

Juniors under 18 have 50% discount on treatments;

(subject to availability and not applicable in April, June, July & August);

All annual and monthly members have 10% discount in all the treatments.