

TENNIS & PADEL SCHEDULE

* Courts available for rental 7 days a week. New court rentals bookings priority from 1st September 2020. Please consult page 4.

BOOK YOUR CLASSES ONLINE

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TENNIS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SHOT OF THE WEEK 10:00 - 11:00	CARDIO TENNIS 09:30 - 11:30	TENNIS TACTICS 10:00 - 11:00	CARDIO TENNIS 09:30 - 11:30	DOUBLES STRATEGY 10:00 - 11:00	ROOKIE ORANGES 09:00 - 10:00	MULTI SPORTS (AGE 6-13) 09:30 - 11:30
JUNIOR PERFORMANCE 1 12:00 - 14:00	JUNIOR PERFORMANCE 1 12:00 - 14:00	JUNIOR PERFORMANCE 1 12:00 - 14:00	JUNIOR PERFORMANCE 1 12:00 - 14:00	JUNIOR PERFORMANCE 1 12:00 - 14:00	TINY REDS 10:00 - 11:00	OPEN CARDIO 09:30 - 11:30
GREEN STARS 16:00 - 17:30	JUNIOR DEVELOPMENT 16:00 - 17:30	GREEN STARS 16:00 - 17:30	JUNIOR DEVELOPMENT 16:00 - 17:30	GREEN STARS 16:00 - 17:30	OPEN DOUBLES 10:00 - 12:00	
JUNIOR PERFORMANCE 1 16:00 - 18:00	JUNIOR PERFORMANCE 1 16:00 - 18:00	JUNIOR PERFORMANCE 1 16:00 - 18:00	JUNIOR PERFORMANCE 1 16:00 - 18:00	JUNIOR PERFORMANCE 1 16:00 - 18:00	JUNIOR ROUND ROBIN 14:00 - 16:00	
JUNIOR PERFORMANCE 2 17:30 - 19:00	ROOKIE ORANGES 17:30 - 18:30	JUNIOR DEVELOPMENT 2 17:30 - 19:00	ROOKIE ORANGES 17:30 - 18:30	JUNIOR PERFORMANCE 2 17:30 - 19:00		
TINY REDS 18:00 - 19:00		TINY REDS 18:00 - 19:00		JUNIOR DEVELOPMENT 17:30 - 19:00		
		DOUBLES NIGHT (HIGH CLUB LEVEL) 19:00 - 21:00		OPEN MIXED DOUBLES NIGHT 19:00 - 21:00		

PADEL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SHOT OF THE WEEK 10:00 - 11:00	PADEL TRAINING (LEVEL 3) 09:00 - 10:30	CARDIO PADEL 10:00 - 11:30	MATCH AND TACTICS (LEVEL 3/4) 12:00 - 13:30	MATCH WITH COACH 09:00 - 10:30 NEW	PADEL KIDS (AGES 6-14) 10:00 - 11:00	PADEL TRAINING (LEVEL 4) 12:00 - 13:30
MATCH AND TACTICS (LEVEL 2) 17:00 - 18:30	MATCH WITH COACH 16:00 - 17:30 NEW	LADIES PADEL TRAINING 17:00 - 18:30	ORGANIZED GAMES (LEVEL 2) 18:30 - 20:30	MATCH AND TACTICS (LEVEL 2) 12:00 - 13:30	PADEL FOR ALL 11:00 - 13:00	MATCH WITH COACH 16:00 - 17:30 NEW
PADEL MIX - ROUND ROBIN 18:30 - 20:00	ORGANIZED GAMES (LEVEL 3/4) 18:30 - 20:30	GRAND PRIX 18:30 - 20:30		INTER CLUB PADEL TRAINING 18:30 - 20:00		

- TO DEVELOP
- TO LEARN
- FUN & FITNESS
- TO PLAY
- KIDS & JUNIORS