

TRIATHLON & SWIMMING SCHEDULE

This schedule may change according to demand.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TRISWIM 09:30 60min	KIDS BEGINNERS 16:00 40min	OPEN WATER At the Lake 09:30 60min	SWIM, CYCLE, RUN At the Lake 09:30 120min	KIDS BEGINNERS 16:00 40min
ADULTS SWIM 12:00 60min	KIDS INTERMEDIATE 16:50 40min	ADULTS SWIM 12:00 60min		KIDS INTERMEDIATE 16:50 40min
TRIATHLON FOR KIDS 17:30 90min		TRIATHLON FOR KIDS 17:30 90min		

- +15 YEARS OLD
- ADULTS
- CHILDRENS