

# SWIMMING CLASSES\*

\*This schedule may change according to demand and subject to government rules and regulations;

**BOOK YOUR CLASSES ONLINE**

[WWW.THECAMPUSQDL.COM](http://WWW.THECAMPUSQDL.COM)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
<b>BEGINNERS</b> (4-6 YEARS) 16:30 40min	<b>TRISWIM</b> (POOL) 09:30 60min	<b>BEGINNERS</b> (4-6 YEARS) 16:30 40min	<b>OPEN WATER SWIMMING</b> (LAKE) 09:30 60min	<b>SWIM, CYCLE, RUN</b> (LAKE) 09:30 75min
<b>INTERMEDIATE</b> (+7 YEARS) 17:15 45min	<b>BEGGINERS</b> 13:00 60min	<b>INTERMEDIATE</b> (+7 YEARS) 17:15 45min	<b>ADVANCED</b> 13:00 60min	
<b>OPEN WATER SWIMMING</b> (LAKE) 18:30 60min		<b>TRISWIM</b> (POOL) 18:00 60min		

- +15 YEARS OLD
- ADULTS
- CHILDRENS