

SWIM

SWIMMING CLASS SCHEDULE

1-1 classes

Specialized personal swimming sessions to achieve your goals and improve your skills.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
SWIM, CYCLE, RUN 09:00 90min	TRISWIM (OPEN WATER OR POOL) 09:00 60min	BEGINNERS (4-6 YEARS) 17:15 40min	TRISWIM (OPEN WATER OR POOL) 09:00 60min	BEGINNERS (4-6 YEARS) 10:30 40min
	INTERMEDIATE 10:00 45min	INTERMEDIATE (+7 YEARS) 18:00 45min	ADVANCED 10:00 60min	INTERMEDIATE (+7 YEARS) 11:15 45min

BOOK YOUR CLASSES ONLINE

WWW.THECAMPUSQDL.COM

- +15 YEARS OLD
- ADULTS
- CHILDRENS

MINING