

SPORTS, WELLNESS
& REHABILITATION



MASSAGES, REHABILITATION TREATMENTS & WELNESS

SPORTS MASSAGE

| | |
|--------|---------|
| 50 min | €77.50 |
| 75 min | €113.50 |

DEEP TISSUE

| | |
|--------|---------|
| 50 min | €77.50 |
| 75 min | €113.50 |

SWEDISH

| | |
|--------|--------|
| 50 min | €72.50 |
| 75 min | €108 |

BACK, NECK & SHOULDERS

| | |
|--------|--------|
| 25 min | €46.50 |
| 40 min | €56.50 |

PHYSIOTHERAPY EVALUATION

| | |
|--|-----|
| It's required an initial appointment to evaluate your condition and needs. | €36 |
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PHYSIOTHERAPY SESSIONS

| | |
|--------|--------|
| 50 min | €92.50 |
| 75 min | €124 |

PHYSIOTHERAPY PACKAGES

- Injury Prevention
- Performance
- Surgery Rehabilitation
- Cardiopulmonary Rehabilitation

- Rehabilitation
- Pre-Surgery Specific
- Postural Correction

Note: Physiotherapy packages must be used within 30 days.

| | | |
|--------|-------------|-------|
| 50 min | 8 Sessions | €696 |
| 50 min | 12 Sessions | €1032 |

LYMPHATIC DRAINAGE

| | |
|--------|-----|
| 50 min | €72 |
|--------|-----|

MESOTHERAPY

| | |
|-------------|-----|
| Per Session | €62 |
|-------------|-----|

TERMS & CONDITIONS

Evaluation is free for children under 5, subject to availability · Juniors under 18 have 50% discount on treatments; (subject to availability and not applicable in April, June, July & August); · All annual and monthly members have 10% discount in all the treatments.

BOOK NOW