

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TRISWIM 10:00 60min	KIDS BEGINNERS 09:00 40min	OPEN WATER At the Lake 10:00 60min	KIDS BEGINNERS 09:00 40min	SWIM, BIKE, RUN At the Lake 10:00 120min
ADULTS SWIM 13:00 60min	KIDS INTERMEDIATE 10:00 40min	ADULTS SWIM 13:00 60min	KIDS INTERMEDIATE 10:00 40min	ADULTS SWIM 13:00 60min
TRIATHLON FOR KIDS Group 1 16:00 90min			TRIATHLON FOR KIDS Group 1 16:00 90min	
TRIATHLON FOR KIDS Group 2 17:30 90min			TRIATHLON FOR KIDS Group 2 17:30 90min	

TRIATHLON & SWIMMING SCHEDULE

This schedule may change according to demand.

BOOK YOUR SWIMMING SESSION

- +15 YEARS OLD
- ADULTS
- CHILDRENS