



# RACKETS

**Tennis and Padel**

# DISCOVER OUR RACKETS PACKS

*For Adults*

## TENNIS PACKS

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Quinta do Lago

### **WEEKLY INTENSE TRAINING** Assessment Required €430

Access to 1 morning adult group scheduled activity and afternoon private session during 1h.

🕒 Pack duration: Monday to Saturday.

### **WEEKLY CLUB TRAINING** Assessment Required €125

Access to 1 morning adult group scheduled activity for a week.

🕒 This packs includes access to:

Mon. Shot of the week class | Tue. & Thur. Cardio Tennis class | Wed. Tennis Tactics | Fri. Doubles Strategy | Sat. Open Doubles class

### **WEEKLY OPEN TRAINING** €80

Access to four weekly scheduled classes.

🕒 This pack includes access to:

Mon. Shot of The Week | Wed. Tennis Tactics | Fri. Doubles Strategy | Sat. Open Doubles



## PADEL PACKS

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Quinta do Lago

### PADEL COMPETITION

€400

Access to 3 adult group scheduled activities, 2 weekly tournaments, 2 private sessions and 1 hour of court rental per week.

🕒 Pack duration: Monday to Saturday.

### PADEL WEEKLY TRAINING

€125

Access to 2 adult group scheduled activities, 2 weekly tournaments, 1 private sessions and 1hour of court rental per week.

🕒 Pack duration: Monday to Saturday.

### PADEL WEEKEND TRAINING

€95

Access to 1 weekly tournament, 1 private sessions and 1h of court rental for 3 days.

🕒 Pack duration: Friday to Sunday.